

TALKING PAPER
ON
FRONTLINE SUPERVISORS TRAINING

- Frontline Supervisors Training (FST) is a half-day workshop for supervisors
 - FST is an AF-led, DoD-wide collaborative initiative
 - Course is based on the motto that “Good Leadership is Good Prevention”
 - Provides in-depth training on assisting personnel in distress, as well as suicide prevention
 - Effectively meets needs of supervisors in an affordable manner (saves time & money)
 - Synthesizes skills currently taught in PME and suicide prevention training
 - Emphasizes supervisory skills as much as helping skills
- FST curriculum covers PRESS model of assisting Airmen in distress
 - Prepare: Connect with your people
 - Recognize: Identify personnel in distress
 - Engage: Intervene with distressed Airmen
 - Send: Refer personnel to appropriate helping agency
 - Sustain: Follow-up regularly until problem resolved
- Course Overview:
 - Built as a workshop, not a lecture; learning is interactive, participatory, and experiential
 - Workshop can be taught by any experienced leader, educator, or helping professional
 - Curriculum designed to be readily understood out-of-the-box; no train-the-trainer required
 - Intended primarily for supervisors, but Airmen of all ranks can benefit from the workshop
 - Course materials (curriculum and manual) available on-line at <http://afspp.afms.mil>